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ABSTRACT

This book explains the nature of dyslexia, enumerates the various forms of treatment, and considers the many challenges faced by those living with this condition. The book defines dyslexia as a brain-based disorder that causes problems for people when they are reading, writing, spelling, doing math computation, speaking, or even listening to others. It points out that dyslexia is not an illness or a disease, but the symptoms, which range from mild to severe, make life more challenging for the person with the disorder and for the family, friends, and classmates of that person. The book focuses on nine young adults, ages 13-17, who offer insights as to what being dyslexic means to them. Strategies for living happily and successfully with dyslexia are presented in the book. Following an introduction, chapters in the book are titled: (1) "What Is Dyslexia"; (2) "Signs and Symptoms"; (3) "Treatment Options"; (4) "Meeting Challenges at School"; (5) "Getting Along with Family and Friends"; and (6) "The Power of Self-Esteem." A list of resources, a glossary of pertinent terms, and a list of materials for further reading conclude the book. (NKA)

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